



2019/2020



Annual
Report

NAMI Southwest Washington
Members Only

Prepared By:
Deanna Lugo

NAMI Southwest Washington is dedicated to supporting all people affected by mental illness through support, education, advocacy, and bringing awareness to our community.



We aim to collaborate with others, work smarter and not harder, and bring awareness to organizations, companies, and community groups throughout Southwest Washington.

This Annual Report is for
NAMI Southwest Washington
members who have paid dues
in 2019-2020.



Thank you for supporting NAMI
Southwest Washington.

01 Financial Report

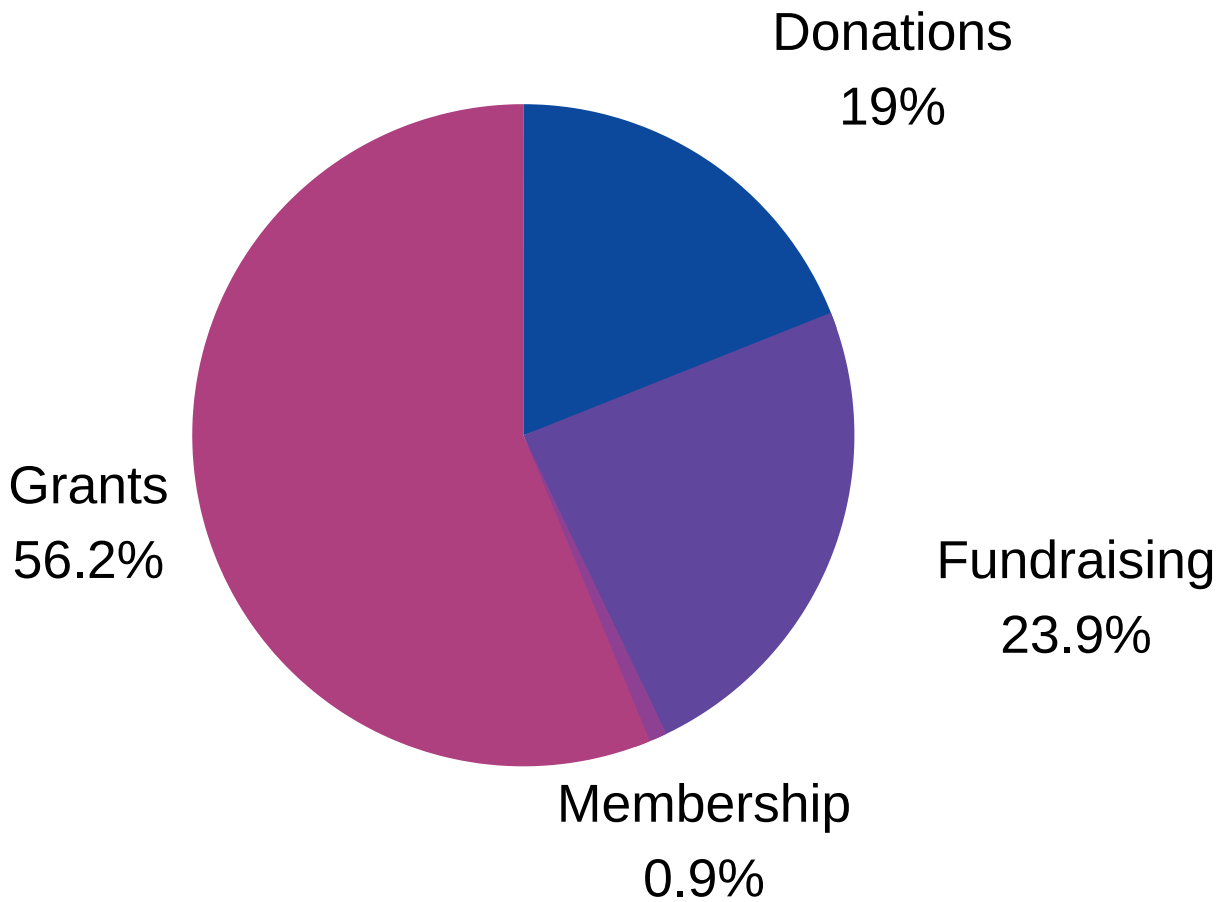
NAMI's Fiscal Year 2020 Budget is shared with the NAMI members and donors for full transparency. We want you to know that your donations and membership dues are going to programs and people you care about.

REVENUE	TOTAL
Individual Donations	\$ 75,000
FUNDRAISING - NAMI Walks	\$ 12,000
FUNDRAISING - Give More 24	\$ 10,000
FUNDRAISING - Donnelly Walk	\$ 6,500
FUNDRAISING- Annual Appeal	\$ 5,000
FUNDRAISING Annual Luncheon	\$ 65,000
Fundraising - 3rd Party Events	\$ 1,200
DIY Fundraising (Facebook)	\$ 10,000
NAMI Memberships	\$ 4,000
Misc Revenue	\$ 600
Recurring Donations	\$ 12,000
Great Rivers	\$ 6,000
Beacon Health	\$ 110,000
Grants	\$ 142,000
Total Revenue	\$ 459,300

01

Financial Report

Revenue Breakdown



01 Financial Report

Expenses come from two places: Management and Programs.

Management is part payroll, rent, and various expenses that keep the office running such as internet or printing paper.

EXPENSES	
Management	
**Payroll 100% ED, 10% EA, 10% Amy 10% of overhead expenses	
Payroll, Taxes and Benefits	\$ 90,093
Building Rent	\$ 4,025
Misc Expenses	\$ 120
Staff Expenses	\$ 1,200
Buisness Insurance	\$ 720
Banking and Merchant Fees	\$ 600
IT and Telephone	\$ 420
Supplies	\$ 240
Total Management Expenses	\$ 97,418

01 Financial Report

Expenses come from two places: Management and Programs.

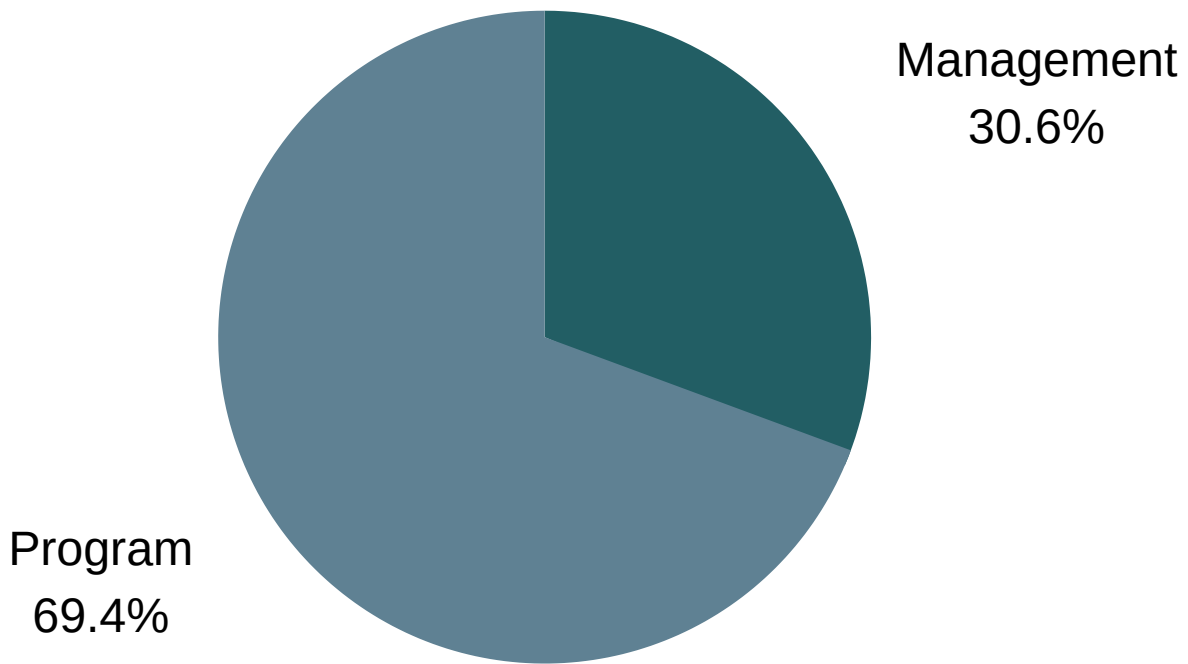
Program Expenses include part payroll, rent, and various expenses for holding events, hosting online programs, training facilitators, and outreach tools such as paying for an ad on Facebook or in The Columbian.

EXPENSES CONTINUED	
Program	
**Payroll 100% Program Manager, Cindy; 90% EA; 90% Amy. 90% of overhead expenses	
Payroll, Taxes and Benefits	\$ 136,845
Building Rent	\$ 36,223
Staff Expenses	\$ 10,800
NAMI Signature Program Expense	\$ 8,000
Business Insurance	\$ 6,480
Fundraising Expenses	\$ 5,000
SWWA Program Expense	\$ 4,000
IT and Telephone	\$ 3,780
Education and Outreach Expense	\$ 3,600
Advertising and Marketing	\$ 2,600
Supplies	\$ 2,160
Misc Expenses	\$ 1,080
Total Program Expenses	\$ 220,569
Total Expense	\$ 317,986

01

Financial Report

Expenses Breakdown



Summary	
Total Revenue	\$ 459,300
Total Expense	\$ 317,986
Excess Revenue Less Expense	\$ 141,314

Bylaw Changes 02

The Bylaws are laws established by NAMI Southwest Washington to regulate itself. It includes our mission statement, membership and dues rules, the board of directors, financial rules, the non-discrimination rule, and more.

NAMI SW WA Members are allowed to have input in the bylaws. Here are our changes to the bylaws for this year.

Article 2 has been split into 2 sections and now includes Section 2.01 and 2.02.

Article 3, Section 3.03: The Annual Meeting is no longer required to be held in January of each year. It is still required to be held every year.

Article 10, Section 10.04(b): The minutes and all handouts for the Board meeting is now kept in cloud-based electronic files and not in paper form.

For the full bylaws document, visit www.namiswwa.org/bylaws

03

New Board Members

EACH NEW BOARD MEMBER BRINGS THEIR OWN EXPERIENCES, TALENTS, AND VIEWS TO THE NAMI SW WA BOARD



MARK E. MANTEI

Mark is a Senior Healthcare Executive with over thirty years of experience in physician group practice and hospital leadership. He is currently the Chief Executive Officer for the Vancouver Clinic. Previous experience includes over twenty five years with The Everett Clinic (Everett, Washington) as Chief Operating Officer and Director of Operations.

Mark currently also serves on the boards of the Columbia River Economic Council, Identity Clark County, and America's Physician Groups.

He received his Master of Health Services Administration and Bachelors in Business Administration from the University of Michigan.

Mark is married to Paula Mantei and enjoys outdoor recreation, downhill skiing, singing, and reading.



MICHELLE BOOKOUT

Michelle is currently semi-retired. Her previous experience includes work as a Personal Assistant for the CEO of ProSearch Strategies and in International Sales for Schnitzer Steel.

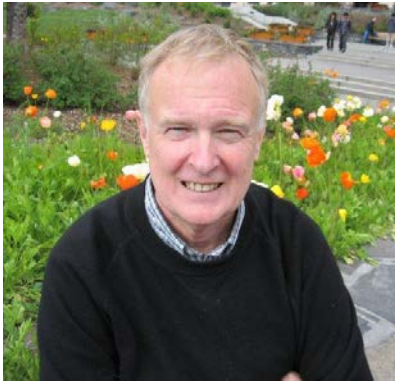
She has been teaching Family to Family classes and volunteering at NAMI Southwest Washington since 2018.

Michelle is married John Bookout and enjoys traveling, live music, and pets.

03

New Board Members

EACH NEW BOARD MEMBER ADDS BRINGS THEIR OWN EXPERIENCES, TALENTS, AND VIEWS TO THE NAMI SW WA BOARD



JAMES O. LUCE

James is currently retired. Previous experience includes over ten years as the Chair of the Washington State Energy Facility Siting Council and over twenty five years as an attorney for the Bonneville Power Administration.

James has also served as a member of the Columbia River Gorge Commission.

He received his J.D. from the University of Oregon and his Bachelor of Arts from Washington State University.

James is married to Elizabeth Luce and enjoys reading, music, and exercise.



STEVEN L. RUSK

Steven is currently the Director of Community Relations and Development at The Salvation Army. He has served in various positions with the Salvation Army for over thirty years.

Steven is also currently the Co-Chair and Local Board Chair of the Emergency Food and Shelter Program and the Chair of the Clark County Community Organizations Active in Disaster.

Steven's post graduate education has included Portland State University and Multnomah University. He received his Bachelors in Psychology at California State University – Chico.

Statistics 04

In Southwest Washington, we are needed more than ever.

During the COVID-19 pandemic (and into the future), we were the first NAMI Affiliate to get all our support groups and signature classes online.

We now meet virtually and have reached people not just in Southwest Washington, but all over the United States and Canada.

We were mentioned in the NAMI National Convention for our speedy dive into the virtual world and reaching those affected by mental health challenges who normally would not be able to attend in-person groups.

We also were included in the setting up and policy making for NAMI Washington's Zoom licenses that were made available to all NAMI WA Affiliates who otherwise would not be able to afford them.

Statistics 04

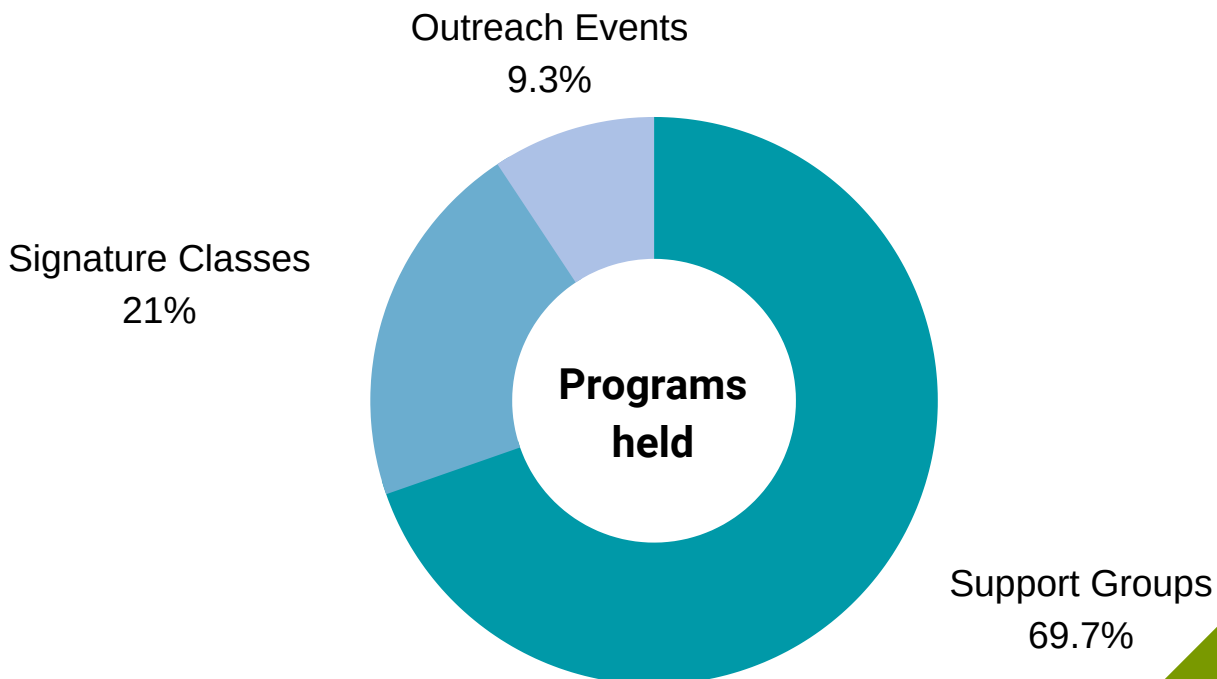
SO FAR IN 2020:

290 classes, groups, and presentations were held to support mental health in Southwest Washington

202 Support Groups were held by trained peers with lived experience

61 Signature NAMI Classes were held by trained peers with lived experience

27 anti-stigma presentations and events were held in the SW WA community



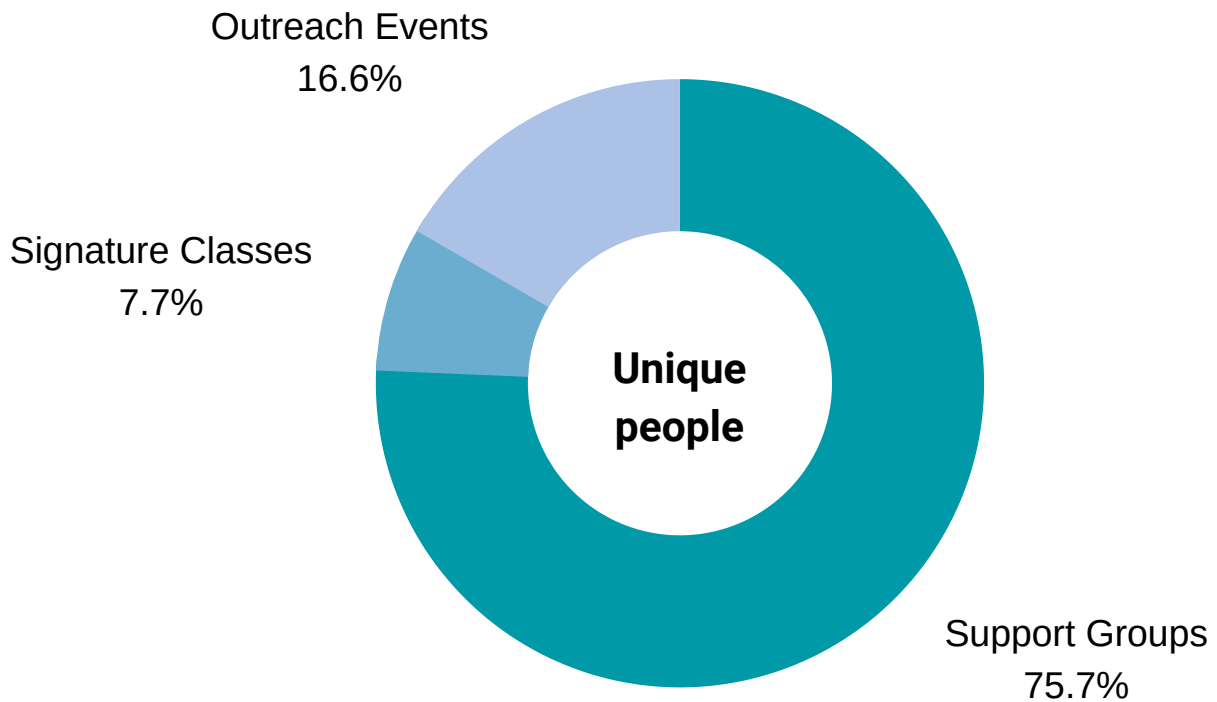
Statistics 04

SO FAR IN 2020:

1,300 unique people attended a Support Group

132 unique people attended a Signature Class

286 unique people attended an outreach event



1,127
hours volunteers
contributed to
NAMI SW WA

94%
of participants
felt supported in
a Support Group
or Signature Class

80%
of participants
felt they learned
something in a
Signature Class

05

NAMI SW WA Members

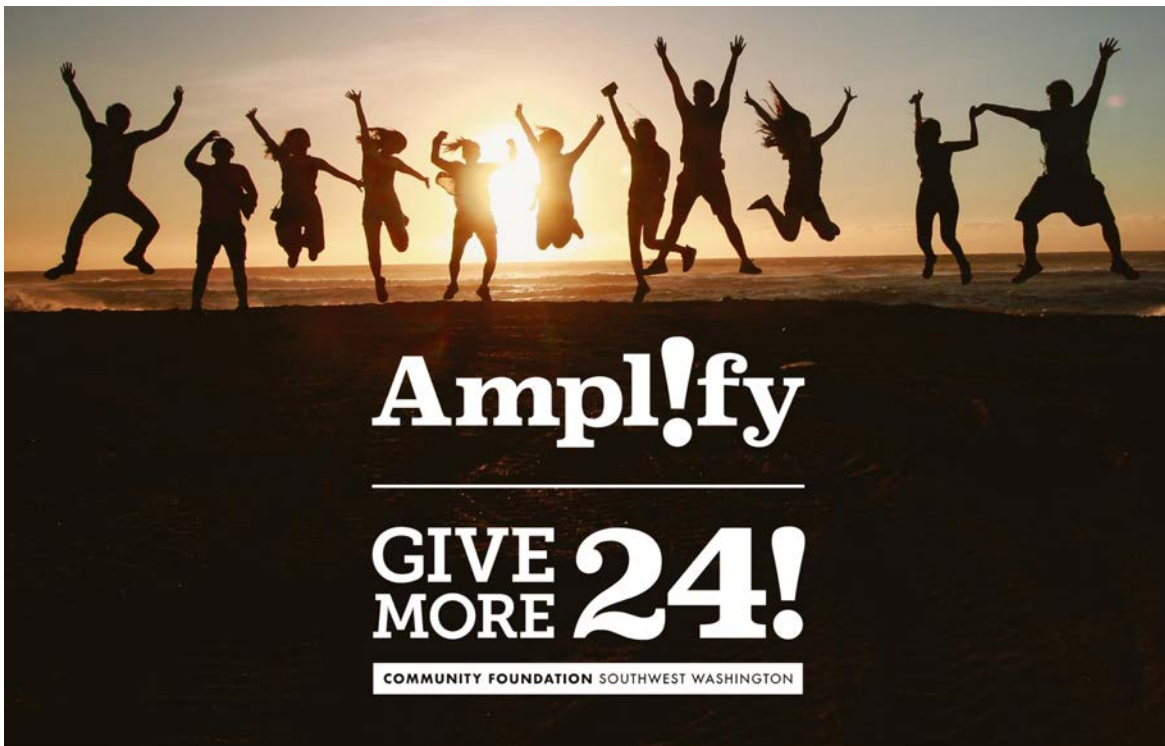
**THANK YOU TO EACH AND EVERY ONE OF YOU.
WE COULDN'T DO WHAT WE DO WITHOUT YOU.**

Don Adams
Gil Aguilar
Beth Aldrich
Mike Allen
Debbie Altenhofen
Becky Anderson
Rebecca Anderson
Valerie Anderson
Barbara Arionus
Jim Barbieri
Laren Barton
Diane Berg
Heidi Bjurstrom
Marc Boldt
Michelle Bookout
Jack Bothwell
Scott Brickley
Chaira Caballero
Brenda Carter
Vicki Chambers
Phyllis Chun
Bob & Carmen Clayton
Lucy Cockrell
Andrea Curry
Deborah Davis
Joann Dolph
Ann & Michael Donnelly
Patricia Egbert
Ted Engelbrecht
Kathy Erwin
Cindy Falter

Rob Ferraz
Cynthia Flores
Amy Ford
Virginia Foster
Brenda Gardner
Georgia Gerrior
Catherine Grytting
Allison Hamusek
Michelle Hedeem
Pauline Hitch
Garland Holt
Kimberly Hurley
Clara Johnson
Annie Jordan
Beverly Kessler
Judith Koch Smith
Cheryl Landes
John LaPointe
Dianna Laughlin
Cindy and Michael Levitt
James Luce
Deanna Lugo
John McDonald
Tanna McLean
Linda Miller
Connie Mom-Chhing
Rain Muller
Jeannie Murray
Lee Nelson
Jacqueline Noel
Michelle Ortiz

Whitney Phillips
Adam Pithan
Ron Redmond
Mark & Nealane Riem
Sharon Rounsevel
Diane Sanden
Nancy Scheibner
Kim Schneiderman
Margaux Shields
Noah Shinneman
Amy Shore
Cliff Siltala
John Smallwood
Terri Smith
William Sobolewski
Travis Steck
Melissa Stewart
Lynn Strickland
Tamara Suell
Mary Sullivan
Karl Sundqvist
Alex VanDenEnde
Angela Westbrooks
Linda Wilcox
Victor Wirtanen
Renee Young
Darvin Zimmerman
Julie Zink

Give More 24 is September 23!



Give what you can on
September 24, 2020 at:
bit.ly/namiswwa





National Alliance on Mental Illness

nami

Southwest
Washington

September 2020

