

# Monthly *calendar*

April

2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1  
Family Support Group - Online  
6:30 - 8:00 pm

2  
Women's Connection Support Group - Online  
10:00 - 11:30 am

3  
Family Support Group - Online  
3:00 - 4:30 pm  
Connection Support Group - Online  
3:30 - 5:00 pm

4  
Creative Writing for Wellness - Online  
12:00 - 1:30 pm  
Art Group  
NAMI Office  
1:00 - 3:00 pm  
Autism Support Group - Online  
6:30 - 8:00 pm

5

6

7

8  
STRive Class Online  
11:00am - 12:00pm

9  
Women's Connection Support Group - Online  
10:00 - 11:30 am

10  
Family Support Group - Online  
3:00 - 4:30 pm  
Connection Support Group - Online  
3:30 - 5:00 pm

11  
Creative Writing for Wellness - Online  
12:00 - 1:30 pm  
Watercolor Art Group  
NAMI Office  
1:00 - 3:00 pm

12

13

14

15  
Family Support Group - Online  
6:30 - 8:00 pm

16  
Women's Connection Support Group - Online  
10:00 - 11:30 am

17  
Family Support Group - Online  
3:00 - 4:30 pm  
Connection Support Group - Online  
3:30 - 5:00 pm

18  
Creative Writing for Wellness - Online  
12:00 - 1:30 pm  
Art Group  
NAMI Office  
1:00 - 3:00 pm  
Autism Support Group - Online  
6:30 - 8:00 pm

19

20

21

22  
STRive Class Online  
11:00am - 12:00pm

23  
Women's Connection Support Group - Online  
10:00 - 11:30 am

24  
Connection Support Group - Online  
3:30 - 5:00 pm

25  
Creative Writing for Wellness - Online  
12:00 - 1:30 pm  
Art Group  
NAMI Office  
1:00 - 3:00 pm

26

27

28

29  
STRive Class Online  
11:00am - 12:00pm

30  
Women's Connection Support Group - Online  
10:00 - 11:30 am

**Living Room Hours:  
Mondays - Thursdays  
11am to 3pm**  
People who use the living room must have a valid Clark County address and sign an initial use agreement.  
Occupancy will be limited to 12 people at a time.

## PEER SUPPORT

For those living with a mental health condition

- **Women's Connection Support Group -**  
For adult women living with a mental health condition
- **Connection Support Group -**  
A coed group for adults living with a mental health condition
- **Autism Support Group -**  
A coed group for adults living on the spectrum
- **STRive (Steps to Recovery) -**  
A weekly class providing mental wellness education



**Contact Us:**  
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## FAMILY SUPPORT

For those who love someone with a mental health condition

- **Family Support Group -**  
A peer led group for adults with a loved one living with a mental health condition

## SOCIAL GROUPS

For both peers and family members

- **Creative Writing for Wellness**  
This group is for building community, practicing creativity and increasing your writing skills.
- **Watercolor Art Group -**  
Learn watercolor techniques and projects taught by a local artist. Supplies included.
- **Project Led Art Group -**  
Participate in a different art project every month. Supplies included.
- **Living Room - M-Th, 11am - 3pm**  
Come and join others to socialize. People who use the living room must have a valid Clark County address and sign an initial use agreement. Occupancy will be limited to 12 people at a time.